

BACK TO SCHOOL newsletter 2015



- Back to school! Tools for schools, parents, and teachers
- November Conference
- **★** Our recent impacts
- Recent infographics on child rights and 5 surprising facts about bullying

-BACK TO SCHOOL-

Tools and tips

Getting into the back-to-school mode is challenging.

But it doesn't have to be as hard. **PREVNet** has a variety of resources to help you and your child (or your student, or your friend, or your next door neighbour for that matter) stay safe and have an easier transition.

For schools

If you're someone who works in a school, you know that bullying can be a hard thing to deal with among so many other things going on. Even worse, the majority of bullying happens when you can't even see it. PREVNet has evidence-based resources to help you identify when and where bullying happens and how you *and* your students can work together as a school-wide effort to prevent bullying. Check out the full scoop here.

For parents

One of the most important roles in a bullying scenario is the parent. Often times, bullying continues until a parent is told about the situation. Whether you're a parent of a young child, teenager, or LGBTQ youth, we encourage you to check out our resource explaining your role. Remember: bullying poses as much of a risk to the youth being bullied as it does to the youth *doing* the bullying. Read more here,

For educators

Over 1 million Canadian youth are bullied once a week. Since youth spend so much time in school, the teacher's role is certainly an important one in a bullying context. One of the most important responsibilities is helping your students feel safe and maintaining their

well-being, but this is something easier said than done. PREVNet provides a list of resources for teachers to make an incredibly crucial role a little bit easier—and more effective!



-PREVNet'S 2015 CONFERENCE-



WHEN? Friday, November 13, 2015

WHERE? Westin Prince Hotel in Toronto, ON

WHAT IS IT ABOUT?

Our theme this year is "Promoting

Mental Health and Preventing Bullying:

Tools that Work"

In just 1 month, PREVNet and the Centre for School Mental Health, Western University will be co-hosting a conference aimed at ensuring that all adults involved with children and children (e.g., educators, mental health professionals, parents, volunteers) have evidence-based knowledge, strategies and tools to promote mental health and prevent bullying. We plan to offer workshops in the following 5 steams:

- Scaffolding, Social Architecture, and Classroom Management to Address Bullying and Victimization
- Healthy Relationships Plus Program
- Strategies for Promoting Healthy Relationships and Positive Mental Health with Aboriginal Youth and Communities
- Promoting Positive Mental Health Through Social-Emotional Learning
- I'd rather be the program, than the reason for the program: Effective strategies for youth engagement

Click here for more information.

- OUR RECENT IMPACTS -

Curious to see how PREVNet has made an impact? We are excited to announce a new section on our website—titled

"Impact & Success Stories—where we track some of the successes we have made within our knowledge mobilization model. This innovative model has fostered PREVNet's impact in Canada and the world, and involves collaborations on four strategy pillars:



- 1. Education and Training
- 2. Assessment and

Evaluation

- 3. Prevention and Intervention
- 4. Policy

One such impact in the "Prevention & Intervention" pillar includes PREVNet's collaboration with the Public Health Agency of Canada (PHAC). With the knowledge that the selection of most bullying prevention programs were based on word of mouth and that 15% did more harm than good, this initiative intended on providing educators with a platform to find evidence-based violence prevention programs. Indeed, 82% of users reported satisfaction with the portal. Similarly, PREVNet's "Stand UP!" collaboration with Family Channel has provided research-informed strategies to thousands of teachers nationwide.

To read more about how we've made a difference, visit Impact and Success Stories.

-THIS YEAR in INFOGRAPHICS-

Rights of the Child

Did you know that bullying is a human rights violation? It wouldn't be farfetched to say that this isn't common knowledge. In this new infographic, we

highlight rights from the
Convention on the Rights of
the Child and see how they
apply to youth who bully and
those who are bullied
themselves. Truth is, there are
many policies out there that
protect your child and are put
in place to ensure that they



reach their full potential. Check out the full infographic here.

Top 5 Things You May Not Know About Bullying

Here we address 5 surprising facts you may not know about bullying. For example, did you know that bullying rates in Canada are 2/3 worse than in other Western countries? Check out the full infographic for more information here

