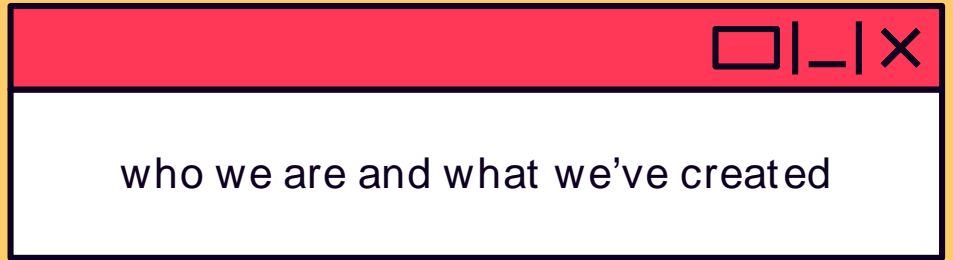
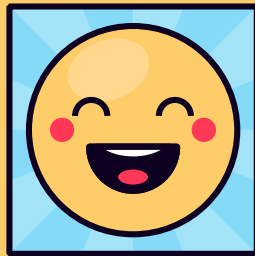
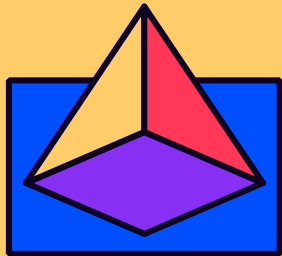


PREVNet National Youth Advisory Council: Our Story



Land Acknowledgement

Toronto is on the traditional territory of the Anishinaabe, the Haudenosaunee and the Wendat peoples and is covered by Treaty 13 with the Mississaugas of the Credit First Nation. This land is also part of the Dish with One Spoon territory, a treaty between the Haudenosaunee Confederacy, the Anishinaabe, and allied nations, to peaceably share and care for this land, its waters, and all of the biodiversity in the Great Lakes region. All those who come to live and work here are responsible for honouring this treaty in the spirit of peace, friendship, and respect.

We all have different relationships to the land, some of us are here as settlers and it is important for us in the spirit of reconciliation to acknowledge the ways in which gender-based and intimate partner violence has been used as part of colonization, and to acknowledge how forms of oppression, such as colonization, racism, homophobia, transphobia, sexism and ableism are interconnected.

Agenda

01

Who we are

Our vision, goals, and
history

02

Why NYAC?

Why we joined the
NYAC, different member
POVs

03

What we do

How we work together,
and what we work on

04

2023 activities

Podcast episodes, and a
zine on the way

05

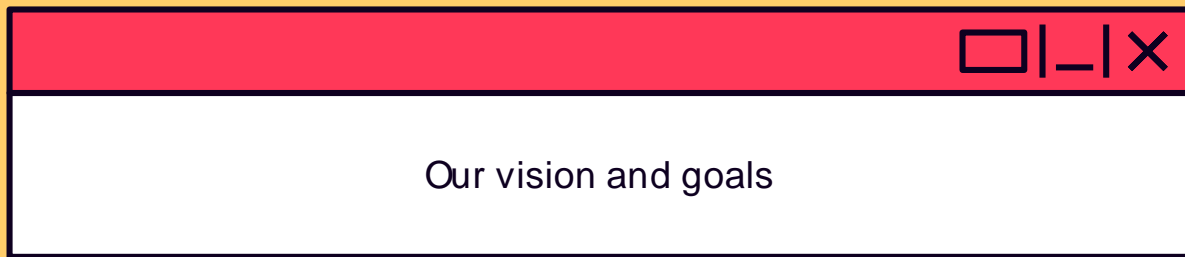
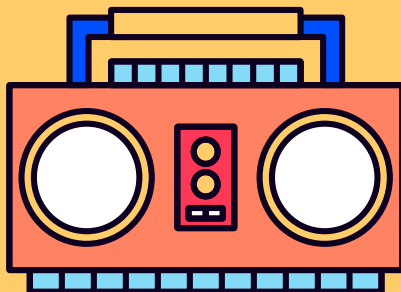
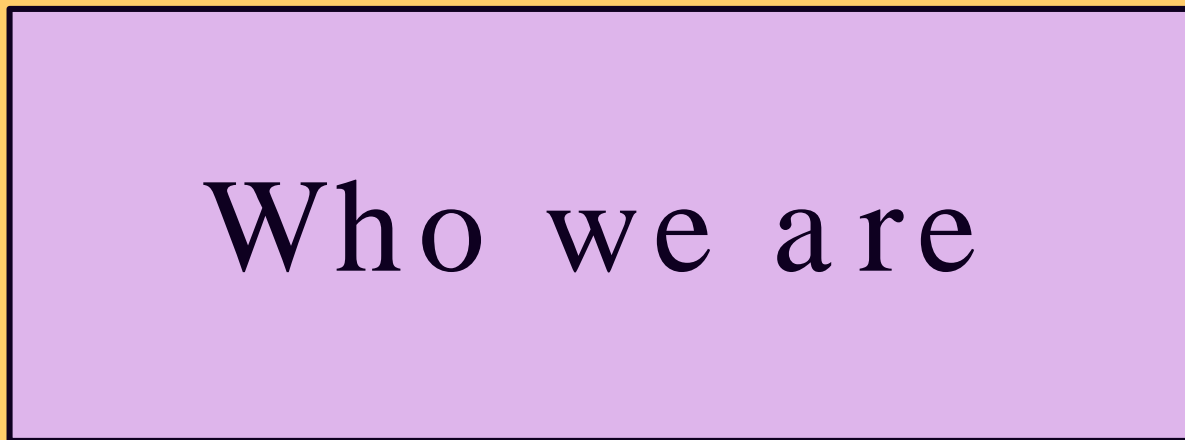
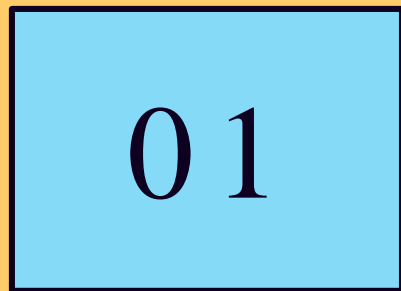
Reflection

Everything we've achieved,
and where we're going

06

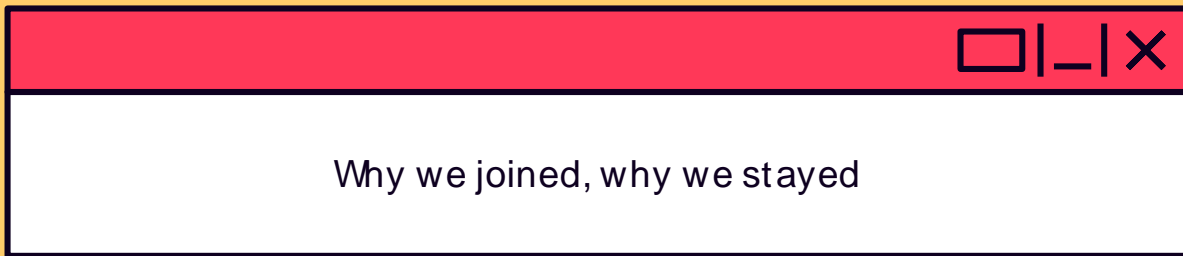
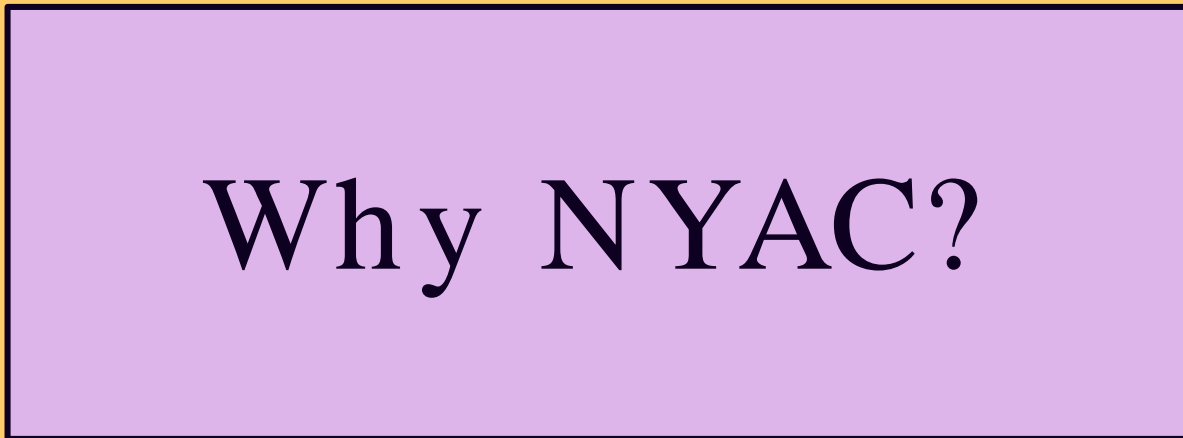
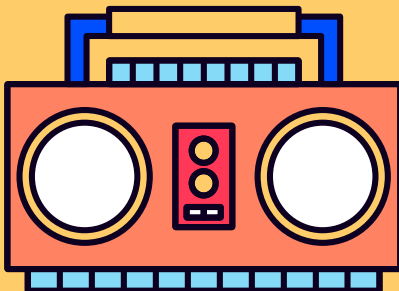
Questions

Ask us about the NYAC!



Who we are

- We create “by youth, for youth” resources to support young across Canada
- Our goal is to build understanding of healthy relationship and work to prevent teen dating violence
- We’re made up of youth from all across Canada, from different backgrounds, different regions, different age levels, different academic experiences—which means everyone brings different perspectives to the table
- Each of us is part of a different Community of Practice project



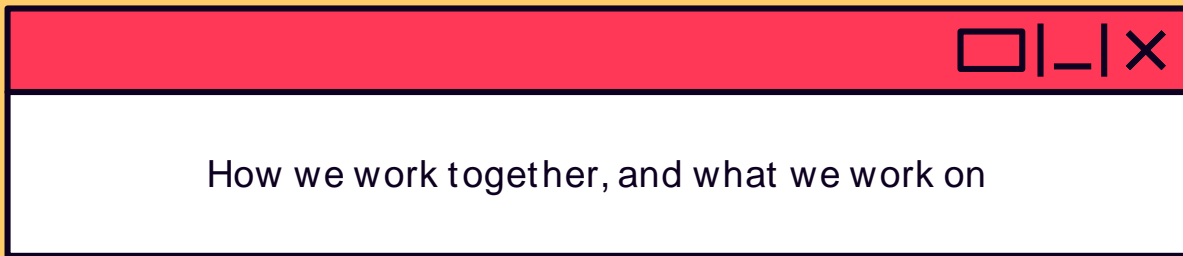
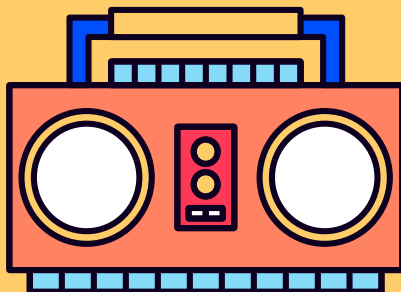
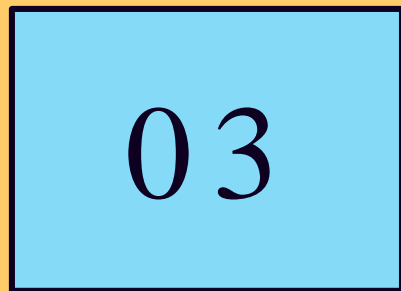
Why we joined, why we stayed

Why did we join the NYAC?

- As young people, we see these issues all around us and want to do something about it
- Being part of the NYAC means we are a part of creating resources to help other young people
- We like that we're creating tangible products—we're doing something, not just discussing
- Gives us the opportunity to continue the work we're doing in our own community of practice
- Opportunity to expand our own knowledge, and add to self growth

Why did we stay in the NYAC?

- It's exciting to participate in new projects every year! We learn different things every year, and then we get to see the end result of our hard work
- We were able to evolve during COVID and adapt to what people needed.
 - It was easy for us to adapt because we were already working digitally all across the country
 - For people who joined before the pandemic, it was nice to have something going on during lockdown and beyond
 - This made our group accessible to members with different COVID-related accessibility needs and boundaries
- Sometimes there are “youth councils” where youth don't really get to make any big decisions or make anything for themselves, but the NYAC is a space where members are encouraged to dream big and take the lead what we create
- Strengthening our connections with other youth advocates and communities



How we work together, and what we work on

How we work together

- We have regular meetings on zoom where we plan our projects for the year
- We also have a shared google drive where we can work together asynchronously, and a whatsapp group to communicate and stay up to date with what everyone is doing
- No pressure—people can come and go, participate as much or little as they can, jump back in when they want to



Our Zoom meetings!

Our creation process

1

Brainstorm

We discuss what topics we'd like to create resources about, and what formats those resources should be

2

Working groups

We create working groups for each topic we pick, and sign up for whatever groups we want

3

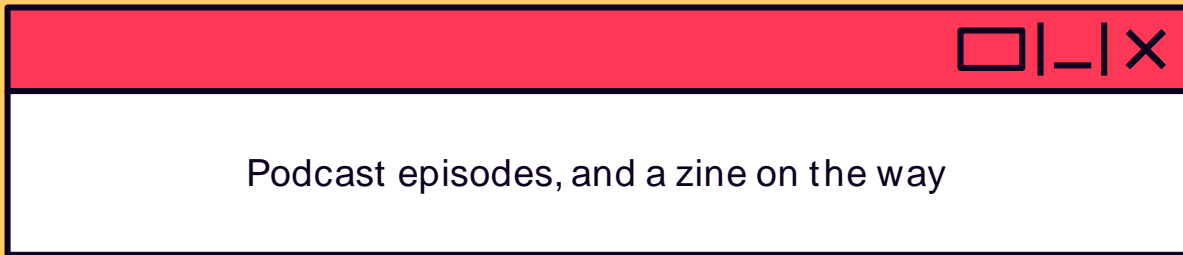
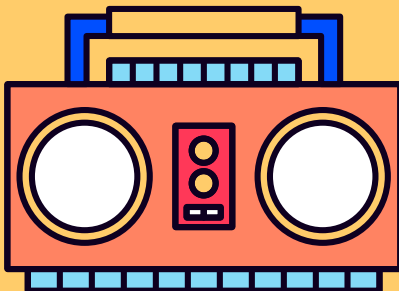
Creation

We collaborate on Zoom and in Google Docs to create our resources

4

Finished product

Our resources go out into the world, into the hands of other young people!



How we made the podcast episodes

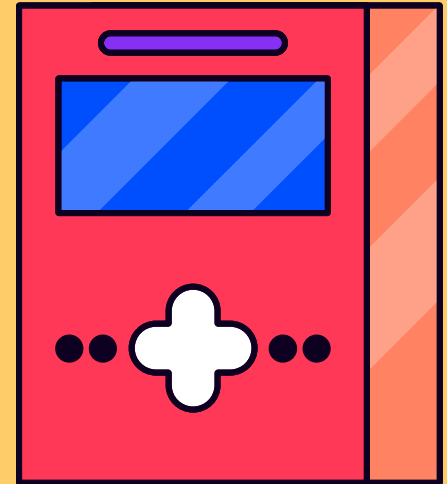
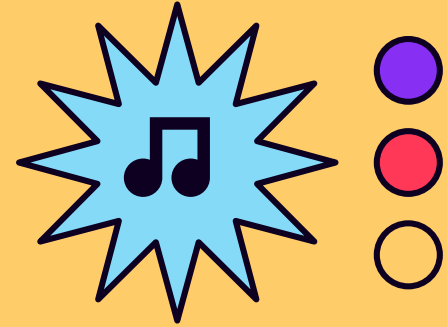
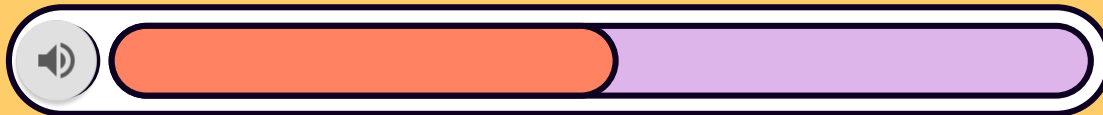
- First, we had meetings where we outlined each episode and came up with interview questions and discussion topics
- Then we had separate zoom calls where we recorded each episode together
- We came up with an outline with key points, but it wasn't as scripted as the episodes last year, which was cool because we got to try different things
- Being on a podcast was a bit stressful at the beginning, but much calmer by the end because it was nice to be able to chat with each other and our guests

Reflections on the podcast experience

- For some of us, this was a new experience, and it was great to be able to share our perspective and also hear the perspectives of other NYAC members
- For some of us, we were part of last year's podcast recordings—and we were able to carry forward what we learned then to make this year less stressful
- In our first episode, we learned to identify the three main goals of the podcast—and then carried this forward to our next podcast recording

Podcast episode: Emotional Abuse

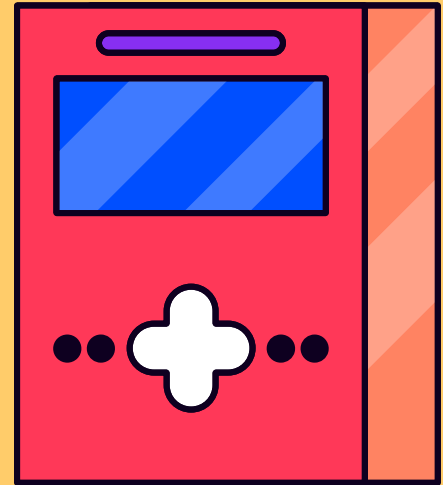
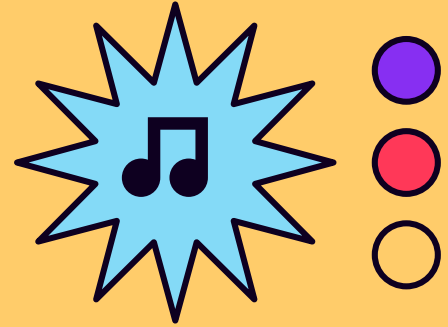
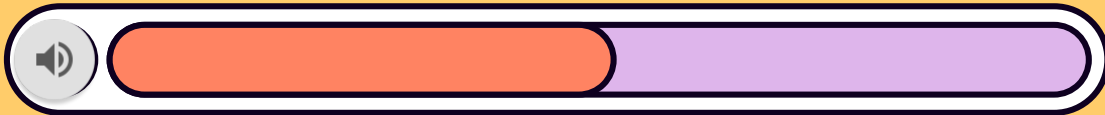
Featuring Maryam, Alexis, and Anabel, plus Dr. Maisha Syeda
(Western University) & Dr. Jessica Wright (MacEwan University),
with behind the scenes support from Olivia

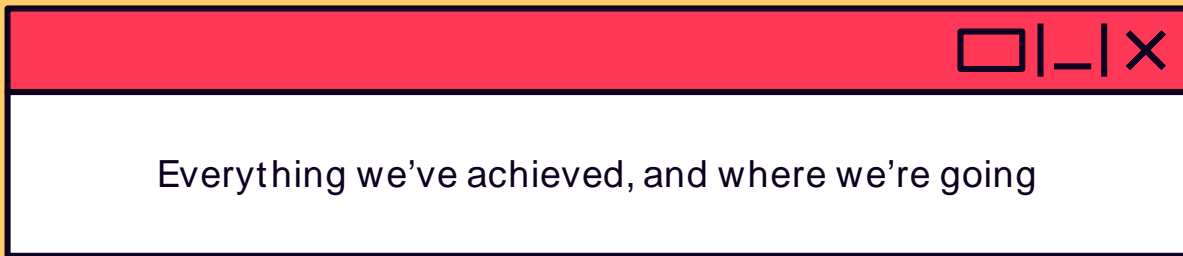
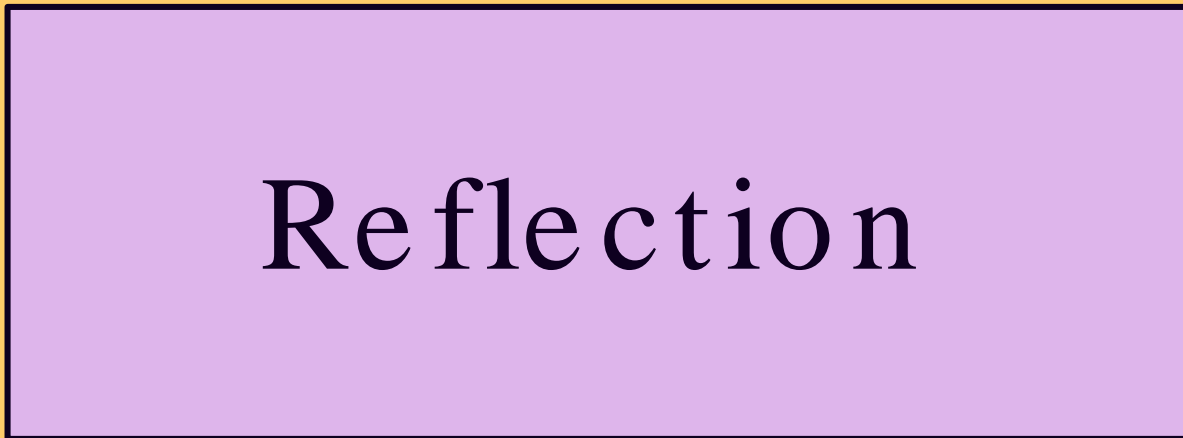
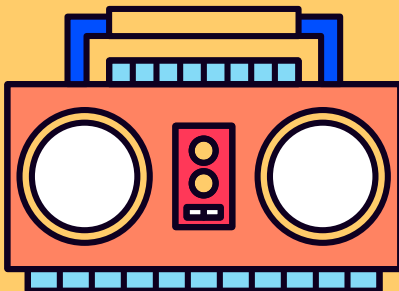
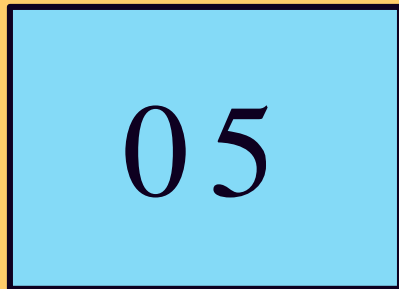


Podcast episode: Love Languages & Healthy Relationships



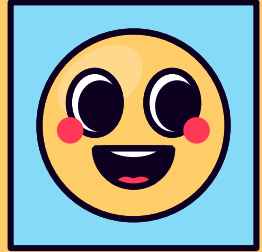
Featuring Aki, Alexis, and Anabel, with behind the scenes support from Wynter, Peyton, Rajan, and Kenji





Everything we've achieved, and where we're going

What else have we created?



- Healthy relationships posters
- Videos on consent
- Self worth zine
- Podcast episode on self worth
- Podcast episodes on building support systems in 2SLGBTQIA+ and BIPOC communities
- Social media posts

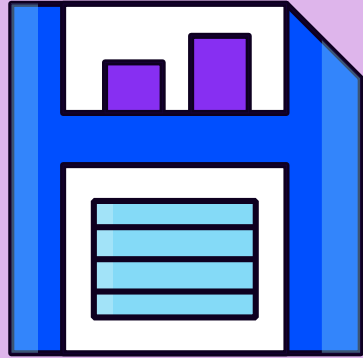
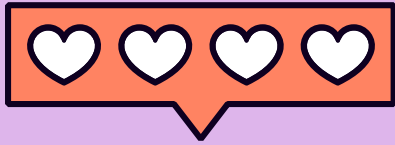
Reflection

Let's hear from the NYAC:

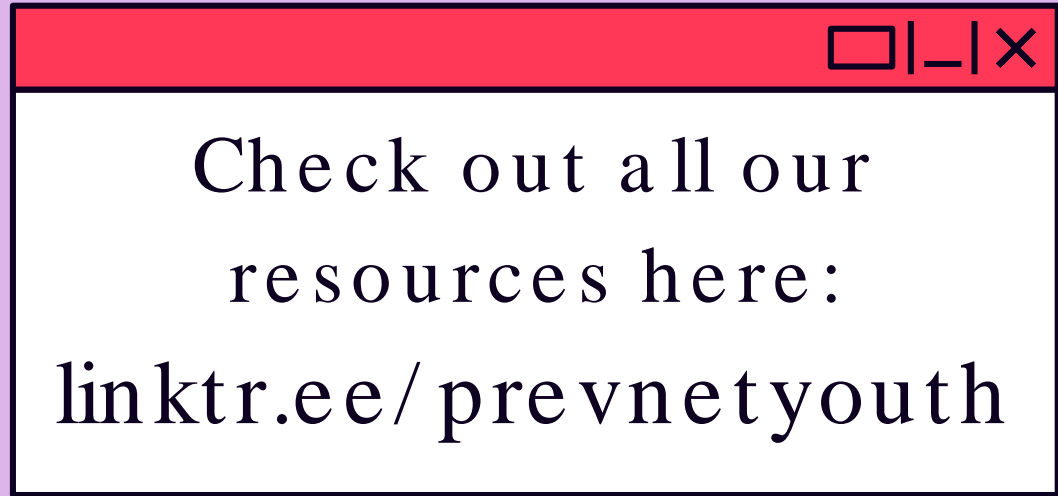
- What have you learned?
- How has this impacted you?
- What will you take away from this?



Questions?



Thanks!



Check out all our
resources here:

linktr.ee/prevnetyouth